## **Department of Food Service Management and Dietetics**

## **Hospitality Club Activity 2020-2021**

| S.NO | DATE                            | ACTIVITY  | RESOURCE PERSON   |
|------|---------------------------------|---|---|
| 1.   | 16.06.2020                      | Intercollegiate Competition-<br>Online Contest on "Recipe<br>Development-<br>Antioxidant Rich Recipe" | Judge –M.Vinothini, Asst.professor, Dept.of FSM&D, Cauvery College for Women (Autonomous), Trichy-18  |
| 2.   | 17.07.2020<br>(3.30-<br>4.30pm) | International Webinar on<br>"The Paradigm Shift in Weight Management"                                 | Ms.Swarna Natarajan M.Sc., PGDM., Freelance Nutritionist, Toronto, Canada.  |
| 3.   | 03.08.2020<br>(4-5pm)           | Webinar on "Breast Feeding<br>Foundation Of Life"   | Ms.Ramya Ramachandran, Registered Dietitian & Certified Lactation Counsellor, Nectar Integrated Health Services Pvt.Ltd. Founder & Director, Chennai. |
| 4.   | 07.09.2020<br>(4-5pm)           | Webinar on "Dietary Approach for Health and Fitness Busting Myths on Fad Diets"                       | Ms. Meenakshi Bajaj, Dietitian, Tamil Nadu Govt. Multi Super Speciality Hospital, Chennai.  |
| 5.   | 10.11.2020 & 04.00 – 05.00 pm   | Webinar on "Emerging<br>Trends in Enteral Nutrition"  | Mrs.Ruby Thomas, Territory Manager- Nutrition, Unilever Health Science (Hindustan Unilever), Bangalore  |